



Confirmation Preparatory Lesson



Lesson 1 The Holy Spirit



SECTION A: EVERYDAY EXAMPLES OF THE USE OF THE WORD SPIRIT

1. C _____ Spirit

(A Spirit evident when neighbours, friends and parishioners work really well together and help each other and care for each other)

2. C _____ Spirit

(A time of year when people are especially kind to each other and there is a lovely spirit about)

3. T _____ Spirit

(When a group of players work really well together, they never give up, they are gracious both in victory and defeat and they encourage and help each other)

4. I _____ (When someone does something really impressive that seems to come out of nowhere. Or when someone gives a motivational talk and afterwards you feel energised to do something good, you could say that they did this for you)

5. I _____ (If a person is an amazing person who encourages others to become better people and to do great things we could say that this person is)

6. Who do you think is inspirational and why? In what ways would you wish to be like them?



Section B: The Holy Trinity

Interesting Facts

The Trinity is called a mystery, not because we cannot fully understand it but because we can never fully explain it and we can never run out of ways of understanding it.

God the Father, God the Son and God the Holy Spirit are one. We don't bless ourselves in the 'names' of but in the 'name' of the Father and of the Son and of the Holy Spirit.

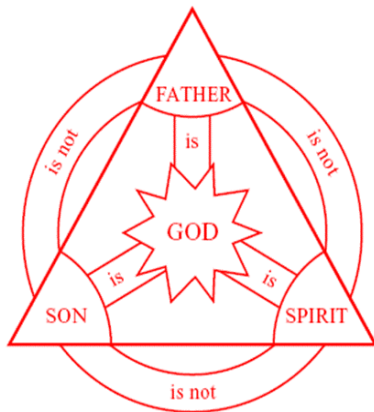
God is a Trinitarian God. Because of this we can say that God is family and God is friendship. We are created in the image of this community of love and so we find our greatest happiness and contentment in loving one another and in our relationship with loving family and friends.

1. What two words is the word Trinity made up of? T__ and U_____

2. Three prepositions that help us understand the Trinity are 'for', 'with' and 'within'. Which member of the Trinity is 'for' us, which member of the Trinity is 'with' us and which member of the Trinity is 'within' us?

_____ is for us, _____ is with us and _____ is within us.

3. Which member of the Trinity do you find it easier to relate to or feel close to and why?



Answers

Section A: 1. Community Spirit, 2. Christmas Spirit, 3. Team Spirit, 4. Inspired 5. Inspirational

Section B: 1. Tri and Unity, 2.: God the Father is fully for us, God the Son is with us and God the Holy Spirit is within us



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Section C: Images of the Holy Spirit

List the three images of the Holy Spirit that featured in this lesson.

1. _____ 2. _____ 3. _____

In the space provided write a few lines about what you think is positive or helpful about each image.

Image One: _____

Image Two: _____

Image Three: _____

Family Assignment

(Fill the following section with members of your family)

1. Get each member of the family (where possible) to do the following:

- Write down the name of the people you think each person in the family admires.
- Show your answers to each other and see if anybody guessed correctly.
- Share with each other the reasons you find these people inspirational.

2. Get each member of the family to name one person they know who they think is inspirational because of their faith.

- Compare your answers to see if you have named the same person.
- Share with each other the reasons you think that this person's faith is inspirational.
- Share with each other the ways you would like to grow in faith.

3. Confirmation is a choice, in light of this talk together about the following:

- As a confirmation candidate, why are you choosing to be confirmed? In what ways would you hope that confirmation will help you to grow both in life and in faith?
- As a family share with your son or daughter the reason why you are happy for them to be confirmed. Share with them the ways in which you would like to see this sacrament help them throughout their life.

