

# Advent Prayer Chain Instructions

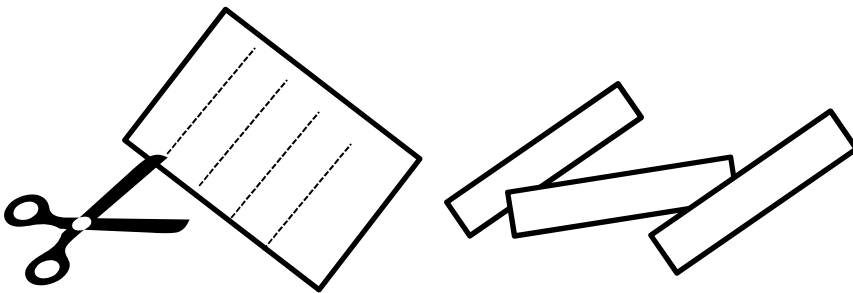
## When to start:

This prayer chain can double as a countdown to Christmas. Decide when you want to start your prayer chain countdown. Count the number of days from that day to Christmas. The pages have 32 strips for chain links. If you need more chain links you can make your own or copy a page twice.

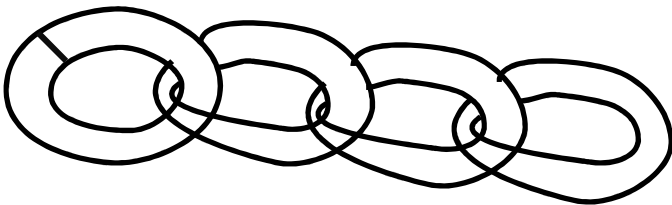
## Create the Chain:

Print the download onto colored paper. If necessary, cut 4 sheets of construction paper or decorative scrapbooking paper down to the size of regular paper and place in printer.

After printing, cut the pages along the dotted lines. This will give you long, narrow, strips of paper. Each will have a designated prayer and intention.



Staple a strip together to form a circle - face the writing toward the inside of the circle. Then make a second circle with a second strip of paper, but before stapling it together loop it through the first circle so the two are connected together. Continue to add a new circle to the last circle you created. This should form a long chain.



Once all your paper strips are connected to your chain, hang your chain up where you will remember to remove one link each day during Advent.

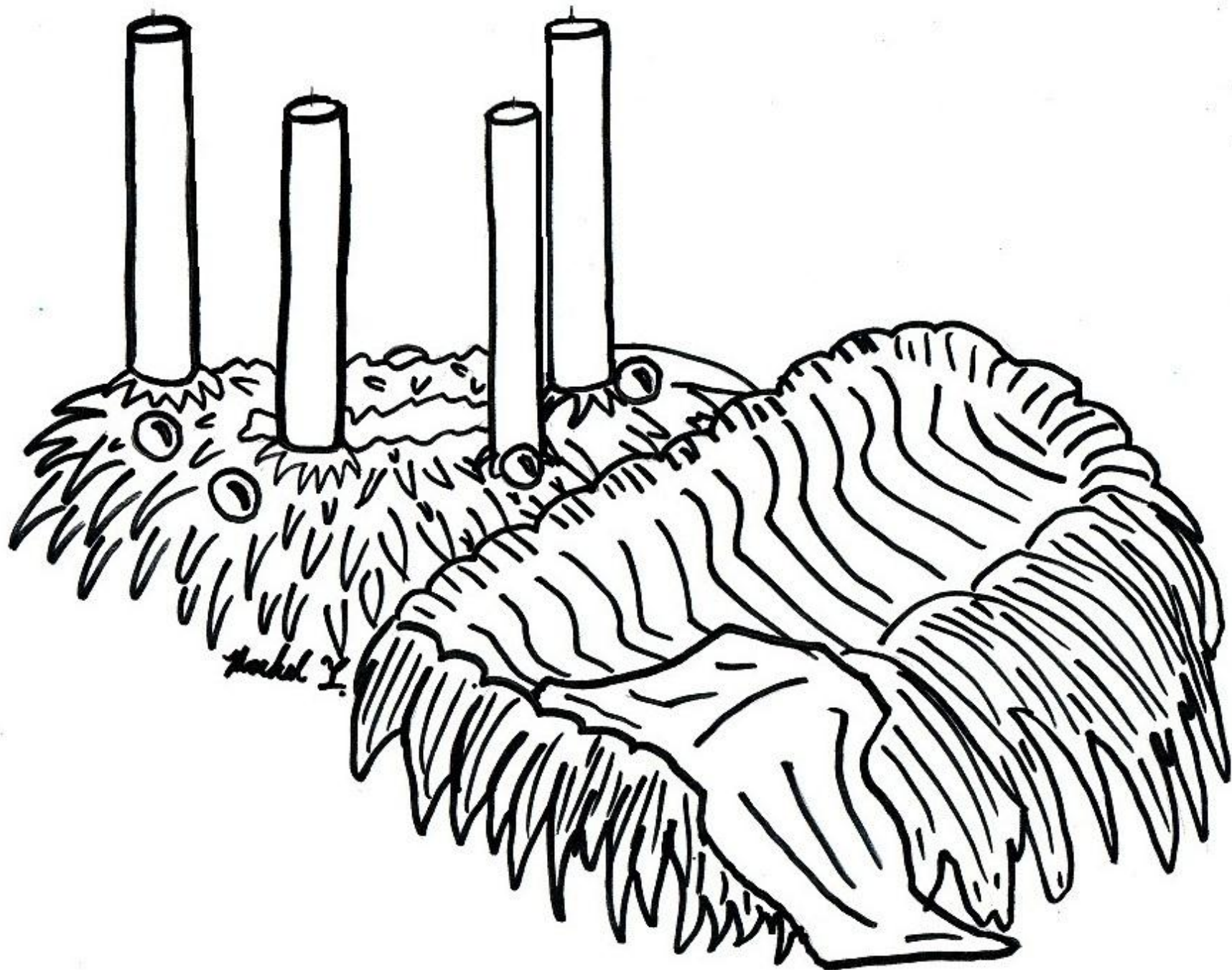
## The Advent Wreath and Manger Images:

Color the pages with the Advent wreath and manger. Cut around it and hang it above the chain. Save the flames and Jesus images and add them at appropriate times. (On Advent Sundays add a new flame and on Christmas Eve, add Jesus to the manger.)

## When to pray and remove a link:

Pick a special time each day – a time that you will always remember. One of the best times for most classes is in the morning or at the end of the school day. Families often prefer at night before bed. Remove the paper loop on the end of the chain. Then say the prayer which is listed on that chain link for the special intention, which is also listed on that link.

**Have a blessed Advent and Christmas Season!**



## Advent to Christmas

### Coloring Activity

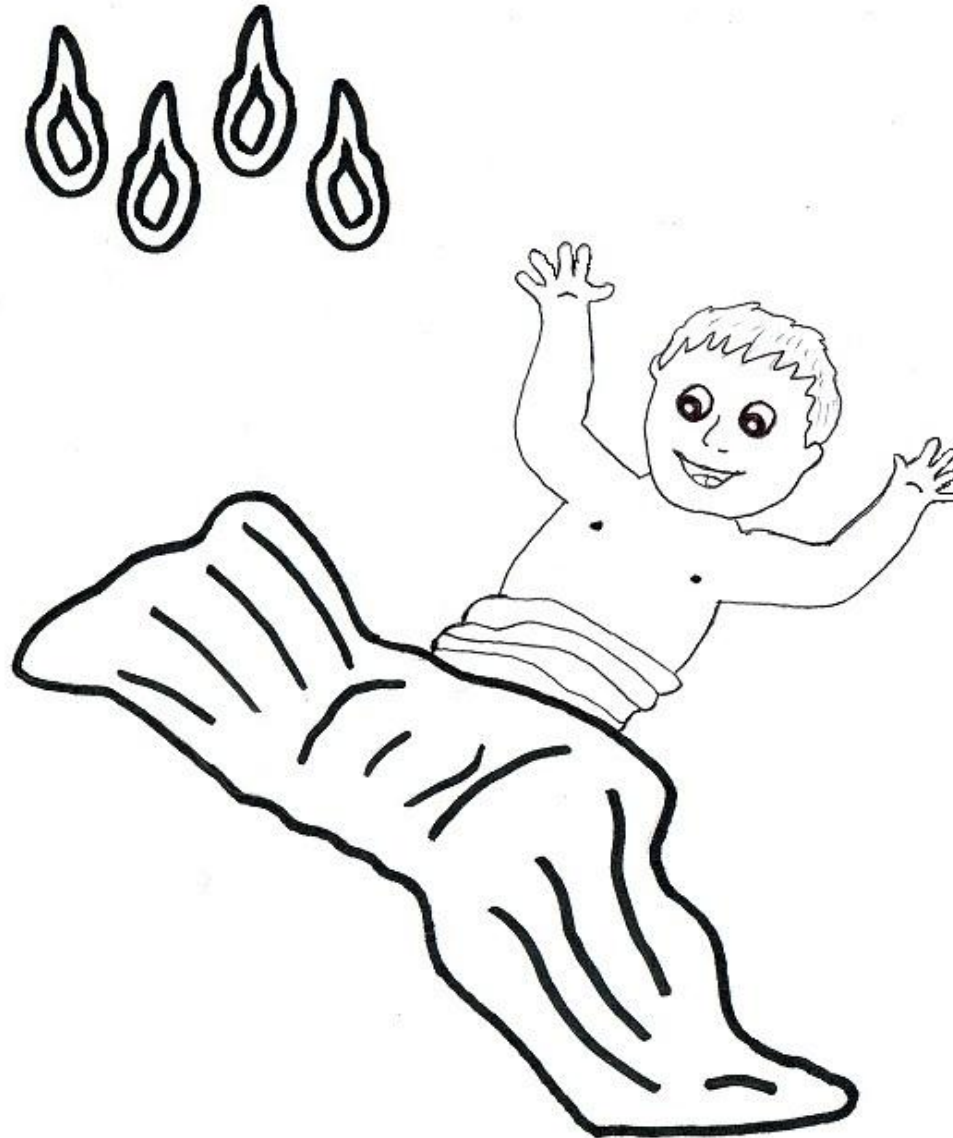
Color the Advent wreath and Jesus' manger

Color the flames:

Glue one to the correct colored candle each week of Advent.

Color Jesus and glue Him to the manger on Christmas.

Have a blessed Advent and  
a joyous Christmas!!



Say an extra 'Our Father' for people in our Parish.

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Say an extra 'Hail Mary' for pregnant women.

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Say an extra 'Our Father' for children who  
will go to bed hungry tonight.

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Say an extra 'Hail Mary' for priests and religious.

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Say an extra 'Our Father' for lonely people.

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Say an extra 'Hail Mary' for the bishops and the Pope.

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Say an extra 'Glory be' for the leaders of our world.

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Say an extra 'Our Father' for anyone who is sick.

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Say an extra 'Act of Contrition' to thank Jesus  
for coming to earth to die for our sins.

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Say an extra 'Hail Mary' for people with a disability.

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Say an extra 'Our Father' for women thinking about getting an abortion.

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Say an extra 'Glory Be' for religion teachers.  
May they teach the faith correctly.

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Say an extra 'Act of Contrition' for all the sins you committed.

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Say an extra 'Hail Mary' for the Souls in Purgatory.

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Say an extra 'Hail Mary' for anyone with an addiction.

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Say an extra 'Our Father' for someone who helped you this week.

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Say an extra 'Memorare' to thank Mary for any time she helped us.

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Say an extra 'Hail Mary' for those in the military and their families.

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Say an extra 'Hail Mary' for anyone who is out in the cold.

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Say an extra 'Hail Mary' for doctors  
May they always take good care of their patients.

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Say an extra 'Our Father' for firefighters and policemen  
and those who risk their lives to help others.

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Say an extra 'Hail Mary' for those who are sad or depressed.

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Say an extra 'Glory be' for those who recently lost a loved one.

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Say an extra 'Our Father' for all our family and friends who have died.

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Say an extra 'Our Father' for people of influence,  
like the media, actors, and actresses.

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Say an extra 'Hail Mary' for our family and friends.

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Say an extra 'Our Father' for children who don't have a mother or a father.

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Say an extra 'Glory Be' to thank all the saints who have interceded for us.

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Say an extra 'Our Father' for those who are abused.

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Say an extra 'Hail Mary' for those who hate God.

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Say an extra 'Glory be' for those who need to forgive someone.

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Sing Silent Night or other Christmas Carol and  
Say an extra 'Glory Be' to praise God's Glory and Love!

**Have a Blessed Christmas!**

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