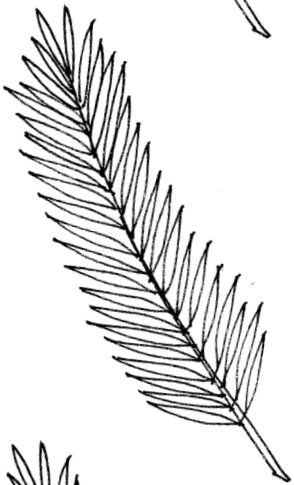
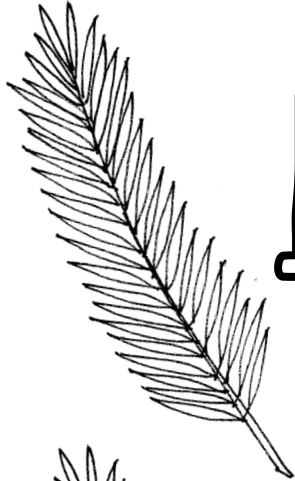


MY HOLY

WEEK

JOURNAL



NAME \_\_\_\_\_ YEAR \_\_\_\_\_

# IDEAS FOR USING YOUR HOLY WEEK JOURNAL

## ON THE LINED PAGES:

- COPY YOUR FAVORITE VERSE FROM THE BIBLE
- WRITE A REFLECTION ON THE GOSPEL
- TAKE NOTES DURING THE HOMILY AT MASS
- MAKE A LIST OF VIRTUES YOU SEE LIVED OUT IN THIS GOSPEL STORY
- WRITE YOUR OWN PRAYER
- JOURNAL USING THE STEPS OF LECTIO DIVINA:
  - LECTIO
  - MEDITATIO
  - ORATIO
  - CONTEMPLATIO

## ON THE BLANK PAGES:

- DRAW A PICTURE OF THE EVENTS THAT TAKE PLACE IN THIS GOSPEL STORY
- WRITE YOUR FAVORITE BIBLE VERSE IN FANCY HANDWRITING
- FOLLOW THE DRAWING PROMPT ON THE BOTTOM OF EACH PAGE
- DRAW A SYMBOL REPRESENTING THAT DAY OF HOLY WEEK
- CREATE A BANNER TO HANG UP IN YOUR HOME FOR HOLY WEEK
- DESIGN A STAINED GLASS WINDOW

